
Softly, Softly: How Cross-Border and Cross-Community Programs are Contributing to Peace-Building in Ireland and Northern Ireland (E. Moore Quinn, Department of Anthropology and Eimer Kernan, MSW): The speakers will explore how the sharing of common heritage is contributing to improved well-being -- social, environmental and financial -- for those who reside along the borders of Ireland and Northern Ireland. The talk will showcase some successful strategies that have led to an increase in dialogue and mutual understanding. March 25, 3:30 – 4:30; Lightsey Conference Center, room B09

The Role of Spirituality in the Promotion of Social Justice (Lisa Ross, Department of Psychology, Mindfulness Initiative): This talk will explore how contemporary spiritual practices such as compassion can support those striving for social justice and fair distribution of resources in the U.S. Levels of thoughts and deeds, from the person to the societal, will be discussed. March 26, 3:30 – 4:30; Lightsey Conference Center, room B09

Peace Begins with Me (Early Childhood Development Center): The children of ECDC will be visiting departments and asking faculty, staff, and students, “What does Peace mean to You?” They will collect these responses during the Peace Initiative Week and will display these messages in the Addlestone Library at the end of the Peace Initiative week. If you would like to request a visit at a specific time, please contact ecdc@cofc.edu or call 843.953.5631. ECDC, along with Memminger Elementary, will host a Pathways to Peace parade on April 5th starting at 9:45 a.m. Students, staff and faculty are invited to the parade, so please come join us at the Cistern!

When You’re Served Lemons …..Make Lemonade: Healing after Experiences of Racial Trauma (Charissa Owens, Office of Institutional Diversity): Using effective communication techniques to discuss sensitive topics, participants will describe the impact of racial trauma and identify solutions that promote healing among those who have experienced racial trauma or other social injustices. March 27, 3:30 – 4:30; Lightsey Conference Center, room B09

Supporting Social Activism through a Mindfulness Practice (Kerry Wischusen, Ryan Scott, and Rhonda Swickert, Department of Psychology, Mindfulness Initiative, Meditation Club): This panel discussion will explore how enhancing one’s level of mindfulness would facilitate greater resilience for individuals working on the frontlines of social activism. The role that mindfulness and peace promotion can play in changing hearts and minds will also be explored, and the presentation will culminate in a mindfulness practice. March 28, 3:30 – 4:30; Lightsey Conference Center, room B09

Half-day Meditation Retreat (Rachael McNamara, Counseling Center): This retreat will focus, in part, on creating a sense of social activism for the environment and all life on this planet through mindfulness practices. March 30 from 1 to 4:00 p.m. in Robert Scott Small, room 319. Please contact Rachael McNamara (mcnamarar@cofc.edu) to register.

Events Sponsored by the Departments of Anthropology and Psychology
Sustainability Literacy Institute The Office of Institutional Diversity
The School of Humanities and Social Sciences The Meditation Club