Cultivating Peace within the Self
4:00 p.m. on March 5th  Stern Center Ballroom – presented by Rhonda Swickert, Ph.D. (Psychology) and sponsored by the Sustainability Literacy Institute, the Meditation Club, and the Mindfulness Initiative. This presentation will involve a discussion of techniques that can serve to facilitate effective emotional and cognitive regulation, particularly when one is faced with conflictual interactions with others. By effectively regulating our own thoughts and emotions, we have a better opportunity to positively engage others who may have beliefs different than our own. Reception to follow.

Truth and Reconciliation
4:00 p.m. on March 6th  Stern Center, room 205 – Truth and reconciliation as a strategy to work toward justice and peace will be reviewed by Lisa Covert, Ph.D. (History) and David Slucki, Ph.D. (Jewish Studies). Our discussants will draw upon models that have been used in post-WWII Germany, South Africa, Northern Ireland, Rwanda and several Latin American countries. They also will explore whether these techniques could be applied in conflictual situations that our country is facing now (e.g., maintenance vs. removal of confederate memorials).

Peace Parade and display of Children’s Art on Peace
10:30 a.m. on March 7th  Stern Center, 4th floor atrium – The children who attend the College of Charleston’s Early Childhood Development Center, along with their teachers and the director, Katie Houser, M.Ed., will host a Peace Parade. They will be joined by students at Memminger Elementary and the entire College of Charleston campus is invited to participate in the Peace Parade. The parade will start at the School of Education and end at the Stern Center. At the Stern Center there will be a reception for parade participants along with a display of students’ peace-themed artwork.

Half-day Meditation Retreat
12:00 – 4:00 p.m. on March 11th  – Rachael McNamara, M.A., Outreach Prevention Coordinator and Director of The Koru Program, will host a meditation retreat. The retreat will explore techniques and themes that complement Peace Week. For more information and to register, please email: mcnamarar@cofc.edu

Additional sponsors of the Peace Initiative include The Riley Center, the Office of Institutional Diversity, the Department of English, and the School of Humanities and Social Sciences

All events are free and open to the College of Charleston campus community as well as the general public